

AGENTIC

SHIFT

#2 — OPENING TALK

OVERVIEW

1. **Fable 5** – capabilities, hype & fallout
2. **Loops vs Factories** – definitions, bottleneck, best practices
3. **Plugins With Real Impact** – grill-me-with-docs · ponytail · fallow & sentrux
4. **Honorable Mentions** – oMLX · EU providers · oh-my-pi · graphify
5. **Your Task** – md vs html vs mdx?

1 — FABLE 5

Fable 5

by Anthropic

ANTHROPIC



FABLE 5 — THE ODYSSEY

THE DRAMA

- Hyped release → "broke classified systems in hours"
- US gov directive suspends it — for **all** customers

MY TAKEAWAYS

- Dropped Opus on production
- Same harness — and it reshapes local / self-hosted too

Announcements

Statement on the US government directive to suspend access to Fable 5 and Mythos 5

Jun 12, 2026

The US government, citing national security authorities, has issued an export control directive to suspend all access to Fable 5 and Mythos 5 by any foreign national, whether inside or outside the United States, including foreign national Anthropic employees. The net effect of this order is that we must abruptly disable Fable 5 and Mythos 5 for **all** our customers to ensure compliance. Access to **all other Anthropic models will not be affected**.

We received the directive from the government today at 5:21pm (ET). The letter did not provide specific details of its national security concern. Our

← Post



Shashank Joshi

@shashj



This now widely circulated claim is based on a line I wrote last week (economist.com/briefing/2026/...). I accurately quoted Mark Warner, vice chair of the Senate intelligence committee, saying that the NSA chief had told him that Mythos “broke into almost all of our classified systems, not in weeks, but in hours”. But it would be a mistake to read that literally, I think. It surely depends on using Mythos alongside other tools under very particular conditions. I quoted it to give a sense of Mythos’ potency. But it was a mistake not to have added caveats.

2 — LOOPS VS FACTORIES

- Fable 5 capabilities → factory / loop engineering
- Why Fable might impact them

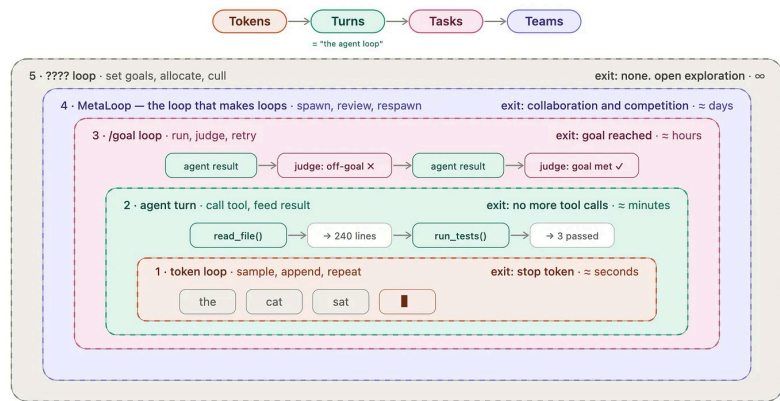
DEFINITIONS



(Dark) factories

- Autonomous assembly line
- Set up once, runs unattended

Loopcraft: The Art of Stacking Loops



Loop engineering

- Stacked loops: token → turn → goal
→ meta

STILL NOT 100% ON TRACK

THE PROBLEM

- Games the grader, not the task – green CI, nothing solved
- Invents APIs & packages – confident hallucination
- "Done." Never ran it – claims pass, no check behind it
- "You're absolutely right!" – caves to wrong direction
- Loses the plot – scope & goal drift over long runs
- Context rot × compounding error – decays before window fills

WHAT HELPS

- Trust the check, not the claim – exit code over self-report
- Green CI to merge – pipeline is the gate (commit tests first)
- Types + lint gate – reject hallucinated APIs at compile time
- Property tests > example tests – harder to special-case
- Small diffs + commit often – bad turn rolls back, not contaminates
- Judge ≠ generator – separate model reviews in fresh context

3 — PLUGINS WITH REAL IMPACT

GRILL-ME-WITH-DOCS (CODEX)

Two models harden your plan before you write a line of code.

- Alignment first
- Like Superpowers brainstorm – more rigorous
- Better than other alignment skills – and where not
- Codex version > default

github.com/chaseai-yt/grill-me-codex

PONYTAIL

The laziest senior dev, as a plugin.

- Minimal code changes – consolidated approach
- Don't trust agents with complexity / quality drift
- Monitor + give direct feedback

"The best code is the code you never wrote."

github.com/DietrichGebert/ponytail



FALLOW & SENTRUX

Two static-analysis sensors for the agent feedback loop

sentrux

Rust architectural sensor: composite quality score over MCP, so agents self-correct drift as they write.

Pros

- Single Rust binary
- MCP live feedback
- 52 langs (tree-sitter)
- Rules + CI gate

Cons

- Young; edge cases
- GUI needs GPU
- Bespoke score

fallow

Zero-config, sub-second TS/JS analysis: deterministic findings on dead code, dupes, complexity, cycles.

Pros

- 0xc – 20k files/1.5s
- Import/export graph
- Agent-first (MCP/LSP)
- Deterministic

Cons

- JS/TS only
- Syntactic only
- Runtime = paid-tier

HONORABLE MENTIONS

HONORABLE MENTIONS



oMLX

CC + local MLX setup
– run models on your
own Mac.



EU Providers

Or swap to EU-hosted
inference for data
sovereignty.



oh-my-pi

Best CC alternative
so far – 50+
providers, hash-
anchored edits.



Graphify

graphify

Turns any codebase
into a queryable
knowledge graph –
~70x fewer tokens
per query.

UNTIL NEXT SESSION
MD VS HTML VS MDX?

DISCUSSION